

DECEMBER 2025

TUESDAY, DEC 2

Caesar salad
Boneless wings with honey
garlic sauce
Sweet potato fries
Roasted mixed veggies

THURSDAY, DEC 4

Corn chowder
Roast beef with gravy
Yorkshire pudding
Parsnips

TUESDAY, DEC 9

Loaded potato soup
Chicken breast in cheese
sauce
Rice pilaf
Butternut squash sprinkled
with brown sugar

THURSDAY, DEC 11

Carrot & raisin salad
Beef stroganoff with egg
noodles
Peas

TUESDAY DEC 16

Tossed seasonal salad
Coconut crusted tilapia fillet
Crispy oven baked potato
skins (green onions, shredded
cheese sour cream & bacon
bits)

THURSDAY, DEC 18



Christmas dinner
Coleslaw, turkey, stuffing,
homemade cranberry sauce,
potatoes, gravy & roasted
veggies

TUESDAY DEC 23

Seasonal soup
Brown sugar glazed toupee
ham
Hash brown casserole
Roasted brussels sprouts
with cranberries



from the staff and
volunteers at CCCH. We
are closed from December
24 to January 1/26".

Our Programs

FROZEN

Our homestyle frozen meals can be heated in your oven or microwave so they're ready when you are!

TRANSPORTATION

We have volunteer drivers available for long distance and local trips for medical appointments, shopping or social activities. Our Mobility Van is also available for those with assistive devices.

HOUSEHOLD MANAGEMENT

We can provide assistance with routine household tasks such as meal prep, laundry, light housekeeping or small one-time chores such as yard work and snow removal.

Reheating Instructions NEVER use a toaster oven!

TO REHEAT SLIT FILM

Microwave:
2-3 min on
high

OVEN:
350 for 10 min

FROM FROZEN SLIT FILM

Microwave:
5-7 min on high

Oven:
350 for 30 min



COMMUNITY CARE FOR
CENTRAL HASTINGS

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Meals on Wheels DECEMBER MENU

