

# OCTOBER 2025

## THURSDAY, OCT 2

Cranberry quinoa pumpkin salad  
Butternut squash ravioli with a brown butter sauce  
Roasted brussels sprouts

## TUESDAY, OCT 7

Coleslaw  
Herb crusted cod  
Potato coins  
Smashed carrots with parmesan cheese

## THURSDAY, OCT 9

Butternut squash soup  
Thanksgiving dinner! (turkey, stuffing, gravy, turnip mashed potatoes, cranberry sauce)

## TUESDAY, OCT 14

Broccoli soup  
Meatballs & gravy  
Corn  
Scalloped potatoes

## THURSDAY, OCT 16

Tossed salad  
Honey mustard glazed chicken  
Mashed potatoes  
Peas & carrots

## TUESDAY, OCT 21

Greek orzo salad  
Marinated pork souvlaki  
Tzatziki sauce  
Roasted potatoes & veggies

## THURSDAY, OCT 23

Potato leek soup  
Beef & broccoli stir fry over Rice

## TUESDAY, OCT 28

Caesar salad  
Roast pork & gravy  
Sweet potatoes  
Roasted veggies

## THURSDAY, OCT 30

Butternut squash soup  
Chicken pot pie  
Fall veggie medley

Menu items may vary on occasion due to availability and circumstances beyond our control.

**DESSERTS  
WITH EVERY  
MEAL!**