

Community Care for Central Hastings

is a volunteer based agency for seniors and adults with physical disabilities.

We strive to provide programs and services that assist our clients to reside in their own homes and improve the quality of life by assisting them in better utilizing community resources.

Join our team!

Community Care has a strong, talented team of volunteers that help deliver our services. We invite you to join our team and make a difference in someone's life. Consider becoming a volunteer driver, a friendly visitor, help with Diner's Club, assist with Meals on Wheels prep and delivery, call clients, volunteer at Hidden Treasures, become a committee member, assist with fundraising and more. Contact the office for more information.



*Caring comes from within,
but our strength comes from our
Volunteers*



Funding

Our agency is partially funded by the Ministry of Health and the remaining funding responsibility falls to our agency to raise. We invite you to join us at our various fundraising events to ensure that these valuable services continue.

If you would like information about how to donate a financial gift to Community Care, please contact the office. An income tax receipt will be issued.

Find the Hidden Treasures

Bargain hunters come search the shelves of Community Care's second hand store Hidden Treasures for unique and useful items. Over 3000 sq. ft. of everything from books and dishes to desk, sofas and yes even a kitchen sink - there's something for everyone. Good quality used items are constantly coming in to the store so you should visit often to see all the "treasures."

332 Victoria St, North Tweed 613-478-0101
Open: Mon., Tues., Thurs., Fri., & Sat. 11:00
am - 4:00 pm
Closed: Wednesday and Sunday
All proceeds go to fund Community Care Programs!



COMMUNITY CARE
FOR CENTRAL HASTINGS

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COMMUNITY CARE
FOR CENTRAL HASTINGS

Programs and Services for Seniors & Adults with Physical Disabilities

- ◆ Meals On Wheels
- ◆ Diners Club
- ◆ Transportation
- ◆ Reassurance Calls
- ◆ Friendly Visiting
- ◆ Crisis Intervention
- ◆ Home Help & Home Maintenance



Community Care for Central Hastings serves the Municipality of Tweed, Centre Hastings, Rawdon & Stirling, the Townships of Marmorra & Lake, Tudor & Cashel and Madoc, and the hamlet of Roslin.

Community Support Programs

Meals on Wheels

Our delicious meals are home cooked and nutritionally balanced. A qualified nutritionist reviews seasonal menus. Hot meals are available Tuesday and Thursdays. Special diet requirements may be accommodated.

Frozen Meals

These home-style meals can be heated in your oven or microwave, and since they are frozen, they can be kept on hand in your freezer. Ready when you are! You can choose your own complete meals from our tempting array of main dishes, soups and desserts.

Meals on Wheels Social

Come together with others to enjoy a delicious lunch and social time in the apartments common room (where available)

Health & Wellness Programs

Participate in programs that focus on participation and healthy lifestyle as well as healthy eating. Program varies according to location.



Diners Club

Enjoy a home made nutritious meal, social activities and meet new and old friends. Meals are served in a central location on pre-arranged days, once a month.

Crisis Intervention

Support and intervention for seniors and adults with physical disabilities and caregivers in critical situations.

Escorted Transportation

Volunteer drivers are available to escort clients on long distance and local trips for medical appointments, shopping or social activities. For information regarding rates please contact the office.

Escorted Mobility Van

The Mobility Van will increase the capacity of Community Care to provide transportation for medical type appointments for the senior and adults with physical disability populations.



The Mobility Van will compliment the already existing Volunteer Escorted Transportation program and help to remove the barriers experienced by seniors in accessing medical care.

Reassurance Calls

Calls are made by volunteers on a regular basis each week to provide a friendly voice and reassurance.

Rural Mail Couriers Alert Program

This program is delivered in partnership with Canada Post Mail Couriers and is an extension of the Reassurance Program. Couriers will keep a friendly eye open for any signs that assistance is needed.

Friendly Visiting

This a service that provides "Friendly Visits" by a volunteer on a one-to-one basis to visit an isolated senior, physically disabled adult on a regular basis.

Home Help & Home Maintenance

On-going assistance with routine household tasks and assistance with small, one-time chores around the house

Blood Pressure Clinic

Regular monthly monitoring of your blood pressure in a comfortable and friendly setting.

In Door Walk Program

Join us mornings on Monday, Wednesday and Friday, or evenings on Monday, Tuesday and Friday, in Madoc for an enjoyable in door walk with friends.



Please contact the office for further information on all our programs.



United Way
Quinte

Supported by:



Ontario

South East Local Health
Integration Network

Réseau local d'intégration
des services de santé
du Sud-Est